

ALCOHOL USE DISORDERS

Drinker Inventory of Consequences (DrInC-2L)

Name: _____

Date: _____

Instructions: Here are a number of events that drinkers sometimes experience. Read each one carefully and circle the number that indicates whether this has *EVER* happened to you (0=No, 1=Yes). If an item does not apply to you, circle zero (0).

Has this *EVER* happened to you? Circle one answer for each item.

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	No	Yes		No	Yes
1. I have had a hangover or felt bad after drinking.	0	1	27. My marriage or love relationship has been harmed by my drinking.	0	1
2. I have felt bad about myself because of my drinking.	0	1	28. I have smoked tobacco more when I am drinking.	0	1
3. I have missed days of work or school because of my drinking.	0	1	29. My physical appearance has been harmed by my drinking.	0	1
4. My family or friends have worried or complained about my drinking.	0	1	30. My family has been hurt by my drinking.	0	1
5. I have enjoyed the taste of beer, wine, or liquor.	0	1	31. A friendship or close relationship has been damaged by my drinking.	0	1
6. The quality of my work has suffered because of my drinking.	0	1	32. I have been overweight because of my drinking.	0	1
7. My ability to be a good parent has been harmed by my drinking.	0	1	33. My sex life has suffered because of my drinking.	0	1
8. After drinking, I have had trouble with sleeping, staying asleep, or nightmares.	0	1	34. I have lost interest in activities and hobbies because of my drinking.	0	1
9. I have driven a motor vehicle after having three or more drinks.	0	1	35. When drinking, my social life has been more enjoyable.	0	1
10. My drinking has caused me to use other drugs more.	0	1	36. My spiritual or moral life has been harmed by my drinking.	0	1
11. I have been sick and vomited after drinking.	0	1	37. Because of my drinking, I have not had the kind of life that I want.	0	1
12. I have been unhappy because of my drinking.	0	1	38. My drinking has gotten in the way of my growth as a person.	0	1
13. Because of my drinking, I have not eaten properly.	0	1	39. My drinking has damaged my social life, popularity, or reputation.	0	1
14. I have failed to do what is expected of me because of my drinking.	0	1	40. I have spent too much or lost a lot of money because of my drinking.	0	1
15. Drinking has helped me to relax.	0	1	41. I have been arrested for driving under the influence of alcohol.	0	1
16. I have felt guilty or ashamed because of my drinking.	0	1	42. I have had trouble with the law (other than driving while intoxicated) because of my drinking.	0	1
17. While drinking, I have said or done embarrassing things.	0	1	43. I have lost a marriage or a close love relationship because of my drinking.	0	1
18. When drinking, my personality has changed for the worse.	0	1	44. I have been suspended/fired from or left a job or school because of my drinking.	0	1
19. I have taken foolish risks when I have been drinking.	0	1	45. I drank alcohol normally, without any problems.	0	1
20. I have gotten into trouble because of drinking.	0	1	46. I have lost a friend because of my drinking.	0	1
21. While drinking or using drugs, I have said harsh or cruel things to someone.	0	1	47. I have had an accident while drinking or intoxicated.	0	1
22. When drinking, I have done impulsive things that I regretted later.	0	1	48. While drinking or intoxicated, I have been physically hurt, injured, or burned.	0	1
23. I have gotten into a physical fight while drinking.	0	1	49. While drinking or intoxicated, I have injured someone else.	0	1
24. My physical health has been harmed by my drinking.	0	1	50. I have broken things while drinking or intoxicated.	0	1
25. Drinking has helped me to have a more positive outlook on life.	0	1			
26. I have had money problems because of my drinking.	0	1			